

Mornington Lodge Host Fundraiser

On 28 October, Mornington Lodge held a Sausage Sizzle at Bunnings to raise funds for the local community. The Lodge have taken part in a number of Sausage Sizzles throughout the year and this was their last one for 2016.

The funds raised were chosen to assist and support various local Mornington district charities.

The Mornington Lodge manages to direct approximately \$40,000 to local deserving organisations each year - which is an outstanding achievement.

The Bunnings sponsored Sausage Sizzle is one of the many ways whereby Freemasons raise money. It has proven to be a successful way to raise money for local charities, as well as bring together Freemasons and the community.

On this occasion members were able to showcase their new distinctive tabards, which was a fantastic way to educate the community on Freemasonry. A job well done from Mornington Lodge, and we look forward to what seeing what events they have in store for 2017.



Left to right- WBro. Bob Smith, Bro. Lindsay Wilson, WBro. John Grieve and WBro. David Tuckwell

Lowan Lodge Supports the Community Once Again!

From 21st to 23rd October, the Nhill RSL Sub-Branch welcomed four Vietnam Veterans from the Long Ride Home event to Nhill.



Bro. Rhys Webb, Mr Henry Berry (Nhill RSL President) and Vietnam Veterans

They completed over 9,000kms out of a 10,000km journey from Vietnam to Canberra to raise awareness for post-traumatic stress disorder (PTSD).

The Nhill RSL Sub Branch wrote to Lowan Lodge 107 to ask for their support in raising funds for such a great cause. Lowan Lodge gladly accepted and its members worked hard for two days at the local IGA and bakery to raise \$775 for the Long Ride Home cause.

The Nhill community managed to raise a combined total of \$1,800 towards the Bravery Trust, St John of God Richmond and Defence Care specifically for PTSD.

Nhill RSL Sub Branch President Mr Henry Berry, a Vietnam Veteran, said this was a huge success for the Nhill district and he was amazed with the generosity and support from all local community groups and the community at large. Lowan Lodge 107 was presented with a certificate of appreciation from Vietnam Veteran and rider Mr Laurie 'Truck' Sams, who was thrilled that the local Freemasons had answered the call to assist with fundraising. Lowan Lodge 107 would like to thank the following contributors - Jennifer Meeks Giftware, Nhill Pharmacy, Home Hardware Nhill, Nhill Bi Rite, IGA Nhill, Country Casuals, Cambrelles, Earthly Treasures, Nhill Caltex and Nhill BP service station for the donation of items for the raffle.



WBro. John Hensley and Bro. Wiremu Larkins selling raffle tickets



Truck (Vietnam Veteran and rider), WBro. Noel Austin and Bro. Armand Von Benecke presenting the \$775 cheque

Freemasons Cycling Club (Vic)

Ride for Headspace 2017



plan.

Freemasons Cycling Club (Vic) members have been promoting Freemasonry by participating in fundraising cycling events for some years now. Recently, they approached Headspace with a proposal for an event to raise awareness and funds to support the work they do with young people. The plan involves Club members cycling from Wodonga to Ballarat between 28 February and 3 March 2017 and along the way, inviting Freemasons, their families and friends to participate in a number of social events. Headspace has approved the

Headspace is the National Youth Mental Health Foundation. They provide early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. Their programs cover four core areas: mental health, physical health, work and study support and alcohol and other drug services.

Did you know that one in four young people have experienced a mental health issue in the past 12 months – a higher prevalence than all other age groups? Research shows that treating these issues early and providing a holistic model of support, decreases the risk of them developing into serious problems later.

Headspace centres are located across metropolitan, regional and rural areas of Australia and provide free or low cost services. The role Headspace centres play in helping young people has been overwhelmingly effective, with 60 per cent of clients showing significant improvement. The other 40 per cent are still on their journey.

For further information about the Ride for Headspace 2017 and associated social events, and how you can get involved in supporting Headspace through this event, email WBro. Malcolm Mann at malcolm.fmcc.vic@gmail.com



Freemason Recognised at the Victorian Senior of the Year Awards 2016

Recently Northern Grampians RSL members had an opportunity to celebrate Seniors Week at Government House.

Amongst the RSL members were WBro. Neil Thornton and his wife Sheila from Stawell RSL, who won selection to attend the 2016 Victorian Senior of the Year Awards, in recognition of their contributions to the community.

Northern Grampians Shire Mayor, Cr. Tony Driscoll said each year the Council had an opportunity to invite some of the Shire's hard working volunteers to take part in the special event.



"This is our way of saying thank you to the senior members of our community who are going above and beyond to make Northern Grampians Shire a better place to live," Cr. Driscoll said.

"It was fantastic for this group to watch the Victorian Senior of the Year Awards being presented and to help celebrate the many women and men aged 60 and over, whose volunteer involvement in their communities' supports and inspires others."

Stawell RSL members Des Leonard with WBro. Neil and Sheila Thornton at Government House for the Victorian Senior of the Year Awards 2016.

At the event the RSL members enjoyed light refreshments in the ballroom at Government House while a jazz band provided entertainment. Victorian Governor Linda Dessau hosted the 2016 Victorian Senior of the Year Awards and over 500 seniors attended to show their support.

WBro. Neil Thornton said he felt honoured to be a part of the event.

"Seniors of Victoria contribute immensely to rural, regional and metropolitan areas providing inspiration in a variety of fields including health, education, social welfare, disability and social justice," he said.

What a great achievement from WBro. Neil Thornton and Sheila!

Mitchell River Lodge



No 742

Our Worshipful Master, Tim Stevens, invites you to the

Pathway Ceremony

Saturday 10th December 2016 at 4.00pm

The Pathway Ceremony is enacted by Companions of the Grand Chapter Team and gives an insight into some aspects of a Royal Arch Convocation. The Ceremony demonstrates to Master Masons how the completion of the Third Degree is firmly within their grasp should they wish to continue their Masonic journey. It is also a stepping stone towards the achievement of becoming a complete Mason and being qualified to wear the Unity Badge.

This ceremony is an enlightening experience for those who are already Companions of the Order.

Come along and bring a Brother with you to the December meeting of Mitchell River Lodge and see for yourself.

Usual dress and regalia for a Craft meeting will be needed.

"seeking for that which was lost"

To ensure that there is sufficient catering please contact and advise Henri that you will be attending.

RSVP ASAP Henrie Ellis - talisman.he@gmail.com

WBro. Henrie Ellis Secretary

Telephone 5152 1402

P.O. Box 220, Bairnsdale 3875

